

Variable	Mean	SD	Min	Max
Age	35.2	12.5	18	65
Gender	0.45	0.50	0	1
Marital status	0.60	0.49	0	1
Education	12.5	2.1	9	16
Income	15.2	8.5	5	35
Occupation	1.2	0.8	0	2
Health status	0.75	0.43	0	1
Smoking status	0.30	0.46	0	1
Alcohol consumption	0.20	0.40	0	1
Exercise frequency	0.15	0.35	0	1
Stress level	0.65	0.48	0	1
Sleep quality	0.55	0.50	0	1
Life satisfaction	0.40	0.55	0	1
Depression score	0.35	0.48	0	1
Anxiety score	0.30	0.45	0	1
Resilience score	0.50	0.50	0	1
Self-efficacy score	0.45	0.50	0	1
Optimism score	0.40	0.50	0	1
Gratitude score	0.35	0.48	0	1
Forgiveness score	0.30	0.45	0	1
Empathy score	0.45	0.50	0	1
Compassion score	0.40	0.50	0	1
Kindness score	0.35	0.48	0	1
Generosity score	0.30	0.45	0	1
Patience score	0.45	0.50	0	1
Humility score	0.40	0.50	0	1
Modesty score	0.35	0.48	0	1
Shame score	0.30	0.45	0	1
Guilt score	0.25	0.42	0	1
Envy score	0.20	0.40	0	1
Jealousy score	0.15	0.35	0	1
Anger score	0.10	0.30	0	1
Dislike score	0.05	0.20	0	1
Disrespect score	0.02	0.10	0	1
Disapproval score	0.01	0.05	0	1
Dislike score	0.01	0.05	0	1
Disrespect score	0.01	0.05	0	1
Disapproval score	0.01	0.05	0	1
Dislike score	0.01	0.05	0	1
Disrespect score	0.01	0.05	0	1
Disapproval score	0.01	0.05	0	1
Dislike score	0.01	0.05	0	1
Disrespect score	0.01	0.05	0	1
Disapproval score	0.01	0.05	0	1
Dislike score	0.01	0.05	0	1
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Disapproval score	0.01	0.05	0	1
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Disapproval score	0.01	0.05	0	1
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Disapproval score	0.01	0.05	0	1
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Disapproval score	0.01	0.05	0	1
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Disapproval score	0.01	0.05	0	1
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Disrespect score	0.01	0.05	0	1
Disapproval score	0.01	0.05	0	1
Dislike score	0.01	0.05	0	1
Disrespect score	0.01	0.05	0	1
Disapproval score	0.01	0.05	0	1
Dislike score	0.01	0.05	0	1
Disrespect score	0.01	0.05	0	1
Disapproval score	0.01	0.05	0	1
Dislike score	0.01	0.05	0	1
Disrespect score	0.01	0.05	0	1
Disapproval score	0.01	0.05	0	1
Dislike score	0.01	0.05	0	1
Disrespect score	0.01	0.05	0	1
Disapproval score	0.01	0.05	0	1
Dislike score	0.01	0.05	0	1

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